

Worksheet 16      Subject: - Science    Class: - VI      Teacher: - Mrs. Kuljit Kaur

Name: \_\_\_\_\_ Class & Sec: \_\_\_\_\_ Roll No. \_\_\_\_\_ Date: 28.05.2020

Revision

**Q1. Define**

- 1) Nutrients
- 2) Balanced Diet
- 3) Roughage
- 4) Deficiency Diseases
- 5) Protective food
- 6) Herbivores
- 7) Carnivores
- 8) Producers
- 9) Autotrophs
- 10) Heterotrophs
- 11) Ingredients
- 12) Insectivores
- 13) Photosynthesis

**Q2. Answer the following:**

1. Which nutrients are needed by our body in only small quantities.
2. What is the importance of roughage in our diet?
3. Why should we drink 6 - 8 glasses of water.
4. Write the symptoms of:
  - 1) Rickets
  - 2) Scurvy
  - 3) Anemia
  - 4) Marasmus
  - 5) Goiter
  - 6) Kwashiorkor